

Chicago Free Mental Health Centers

The Chicago Department of Public Health Mental Health Centers offer care that provides support for emotional, traumatic, or behavioral difficulties. All Mental Health Centers provide outpatient mental health services for adults, children and adolescents including intake/screening, individual therapy, group therapy, case management, and medication management (same-day medication appointments). Support is based on needs identified by the consumer, including goals, objectives, and specific mental health services. These services are provided free of charge to all Chicagoans who are unable to pay.

Low-barrier, trauma-informed, and integrative outpatient mental health services are available to Chicagoans regardless of ability to pay, immigration status, or health insurance.



***See the reverse
side for the
location nearest
you.***

CDPH offers telepsychiatry services at our Community Mental Health Centers.

Ask a clinic staff member for more information.

Healing Arts Chicago

Check out our Healing Arts Chicago program offered at all our CDPH Mental Health Centers! Healing Arts Chicago offers free arts services to support mental health and wellness at the City of Chicago's Mental Health Centers throughout the year. Sign up for creative classes and workshops including movement, yoga, sound and body meditation, music, painting, poetry, writing, and storytelling. Programs vary by location. For more information:

https://www.chicago.gov/city/en/depts/dca/supp_info/healing_arts.html

Free Resources for Mental Health Including Medication

Category	Facility	Address	Phone	Hours	Medication Management	Same-Day Medication
CDPH Clinic	Englewood Mental Health	641 W 63rd St, Chicago, IL 60621	312-747-7496	Mon-Fri 8:30-4:30	 Yes	 Yes
CDPH Clinic	Greater Grand / Mid-South	4314 S Cottage Grove Ave,	312-747-0036	Mon-Fri 8:30-4:30	 Yes	 Yes
CDPH Clinic	Greater Lawn Mental Health	4150 W 55th St, Chicago, IL 60632	312-747-1020	Mon-Fri 8:30-4:30	 Yes	 Yes
CDPH Clinic	Lawndale Mental Health Center	1201 S Campbell Ave, Chicago, IL	312-746-5905	Mon-Fri 8:30-4:30	 Yes	 Yes
CDPH Clinic	North River Mental Health	5801 N Pulaski Rd Ste C, Chicago, IL	312-744-1906	Mon-Fri 8:30-4:30	 Yes	 Yes

Free Resources for Mental Health Therapy and Counseling

Organization	Location / Site	Address	Phone	Free Services	Adult Services	Same-Day Therapy	Walk-In	Substance Abuse
Chicago Dept. of Public	Englewood Mental Health	641 W 63rd St, Chicago, IL	312-747-7496	✔ Yes	✔ Yes	⚠ Possible	⚠ Limited	✔ Co-occurring care
Chicago Dept. of Public	Greater Grand / Mid-South	4314 S Cottage Grove	312-747-0036	✔ Yes	✔ Yes	⚠ Possible	⚠ Limited	✔ Co-occurring care
Chicago Dept. of Public	Greater Lawn Mental Health	4150 W 55th St, Chicago, IL	312-747-1020	✔ Yes	✔ Yes	⚠ Possible	⚠ Limited	✔ Co-occurring care
Chicago Dept. of Public	Lawndale Mental Health	1201 S Campbell Ave,	312-746-5905	✔ Yes	✔ Yes	⚠ Possible	⚠ Limited	✔ Co-occurring care
Chicago Dept. of Public	North River Mental Health	5801 N Pulaski Rd, Ste C,	312-744-1906	✔ Yes	✔ Yes	⚠ Possible	⚠ Limited	✔ Co-occurring care
Community Counseling	Clark Center	4740 N Clark St, Chicago, IL	773-769-0205	⚠ Some free programs	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Community Counseling	Belle Plaine Center	2014 W Belle Plaine Ave,	872-235-0800	⚠ Some free programs	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Community Counseling	Edgewater / Broadway	5710 N Broadway St,	773-728-1000	⚠ Some free programs	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Community Counseling	North Ave Area Program	Chicago (multiple sites)	773-769-0205	⚠ Some free programs	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Pilsen Wellness	Multiple Chicago	Multiple sites	773-542-8300	⚠ Free or low-cost	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Thresholds	The Living Room (Peer	4423 N Ravenswood	773-537-3601	✔ Yes	✔ Yes	✔ Yes (crisis support)	✔ Yes	⚠ Referral only
Association House of	Main Location	1116 N Kedzie Ave, Chicago,	773-772-7170	⚠ Free or low-cost	✔ Yes	⚠ Possible	⚠ Limited	✔ Yes
Howard Brown Health	Multiple Chicago	Multiple sites	773-388-1600	⚠ Free or low-cost	✔ Yes	⚠ Possible	⚠ Limited	⚠ Possible
NAMI Chicago	Citywide Programs	Chicago	833-626-4244	✔ Yes	✔ Yes	✗ No	✗ No	⚠ Support groups only
Sista Afya Community	Chicago	Chicago	varies	⚠ Some free programs	✔ Yes	✗ No	✗ No	✗ No
&Rise (Women Rise Chicago)	Chicago / Virtual	Chicago	varies	✔ Yes	✔ Yes	✗ No	✗ No	✗ No